



# Idaho Office of Drug Policy

**Joint Finance Appropriations  
Committee**

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# ABOUT ODP

*We envision a safe and healthy Idaho free from the devastating impact of substance use on youth, families, and communities.*

## Mission

The Idaho Office of Drug Policy **leads** Idaho's substance use and misuse policy and prevention efforts by developing and implementing **strategic action plans** and collaborative **partnerships to reduce drug use** and related consequences.

## Statute

Established in 2007 by the Idaho Legislature [Idaho Code 67-821](#).

## Purpose

To coordinate policy and programs related to drug and substance abuse in Idaho



# FY21 Successes & Achievements

## 2021 IMPACT: BY THE NUMBERS

**\$4,000,000**

*in grant funds awarded to:*

- **56** prevention providers
- **7** public health districts
- **19** law enforcement agencies

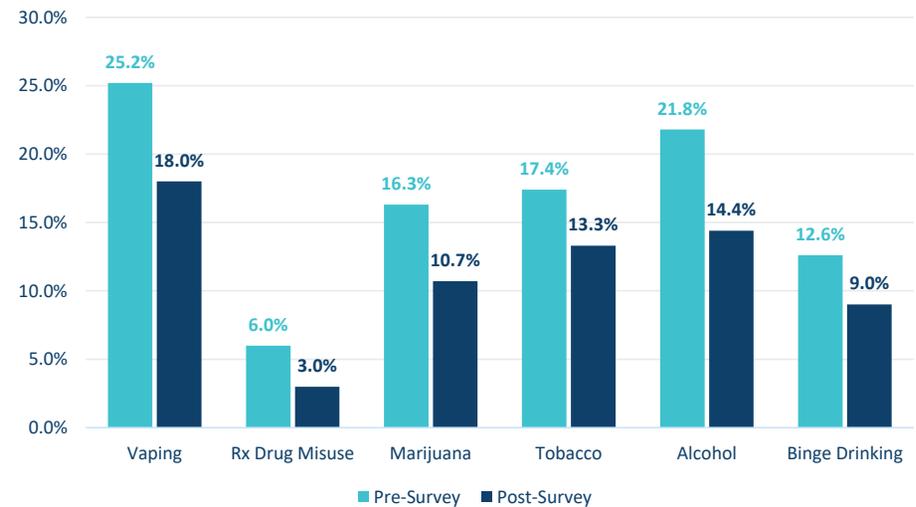
*Funding programs for:*

- **20,000** youth
- **200** parents & caregivers

*Reaching an estimated  
**1,000,000** Idahoans*

## 2021 Program Participant Outcomes

Past Month Participant Substance Use & Misuse  
Grades 9-12



Overall statewide results from four evidence-based programs: LifeSkills, Project Towards No Drug Abuse, Project Towards No Drug Abuse +, and eCHUG.

# FY21 Challenges & Solutions

## Challenges -----> Solutions

**School Closures & Remote Learning** – due to COVID-19 many grantees were unable to hold in-person programming which made data collection difficult

- We adapted our pre/post surveys from paper-based to a computer-based version that could be completed virtually.

**Transitioning to Online Training Resources** – due to COVID-19 ODP was unable to provide in-person training opportunities for grantees

- We offered virtual grantee trainings & educational webinars.
- We added 8 additional Strategic Prevention Framework-focused courses to our online learning management system.

**Workgroup Disengagement** – due to COVID-19, many of our statewide workgroup partners experienced increased workload and virtual burnout

- We utilized contracted facilitators to organize engaging virtual annual Workgroup retreats.
- We organized hybrid events that offered both virtual and in-person participation.

# FY22 Appropriation Update

## Coronavirus Response and Relief Supplemental Appropriations - \$1,600,000

Preparing for and Responding to the Coronavirus Increased SUD Concerns

- Development of Comprehensive 5-year Strategic Plan for Primary Prevention
- Development of a Statewide College Health Coalition (Young Adults 18-24)
- Implementation of Evidence-Based Prevention Programs and Activities for Youth

# FY23 Recommendation

## America Rescue Plan Supplemental Award - \$1,381,900

ODP Spending Authority to **Enhance Idaho's Prevention Infrastructure** by:

- Completing a Comprehensive Statewide Scan of Existing Primary Prevention Services
- Bolstering Providers and Community Prevention Networks with Focused Training and Technical Assistance
- Expanding the Implementation of Evidence-Based Programs to Improve Substance Misuse Outcomes Among Young Adults (ages 18-24) and Seniors (ages 65+)
- Developing the Resource Capacity, Role and Visibility of the Idaho Regional Alcohol & Drug Awareness Resource (RADAR) Center

# **FY23 Recommendation**

- **Reappropriation Authority for Unencumbered/Unexpended FY22 Coronavirus Relief and Response Supplemental Funds**



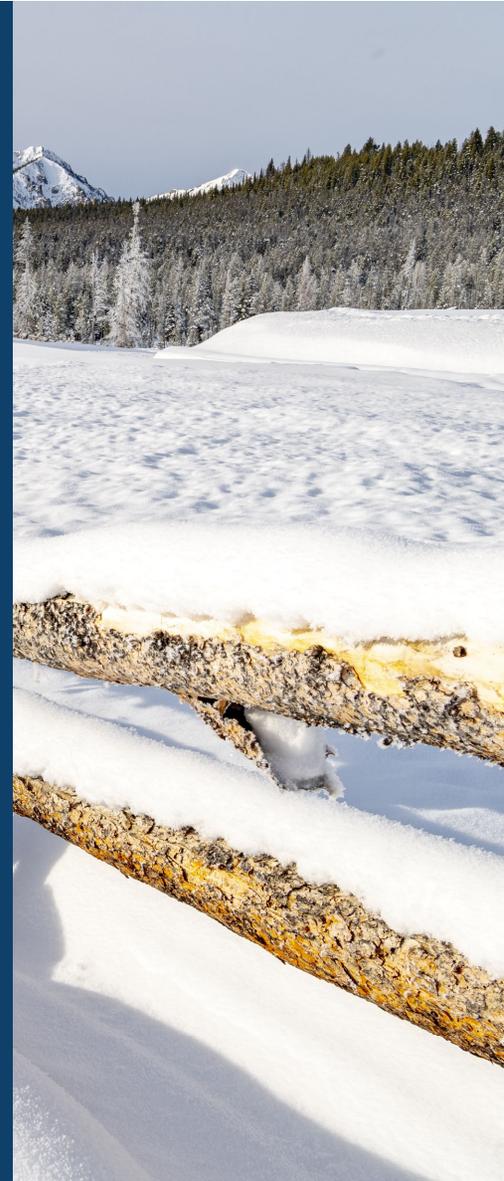
# Questions?

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# INVESTING IN PREVENTION FOR A HEALTHIER IDAHO

## WHY INVEST IN PRIMARY PREVENTION?

The Governor's Idaho Office of Drug Policy (ODP) envisions a safe & healthy Idaho free from the devastating impact of substance misuse on our youth, families, and communities. Alcohol and drug misuse erode the well-being and security of our state and demand effective mechanisms for deterrence.

Substance misuse is one of the most costly health problems in the United States. **Nationwide, the misuse of tobacco, alcohol, and illicit drugs exacts more than \$740 billion annually** in costs related to crime, lost work productivity, and health care.<sup>1</sup> However, human and financial costs of substance misuse can be offset by the implementation of effective primary prevention policies and programs.

When we prevent the early use of alcohol and other drugs, we also prevent the far-reaching and high costs of substance use disorders and addiction. As part of our mission to transform lives, ODP works with partners across Idaho to leverage limited resources to help at-risk youth and communities. By investing in evidence-based practices and building our state's prevention workforce, we support communities in creating sustainable, healthy change.

What is *primary prevention* of substance misuse?

The effort to prevent initiation of substance use or to delay the age at which use begins.

### \$190 Million

Idaho DHW appropriated expenditures for substance abuse from SFY2011-2022\*<sup>2</sup>

**400%** increased likelihood of developing an alcohol use disorder for people who begin drinking before age 15.<sup>3</sup>

**1 in 6** people who begin using marijuana before age 18 will become addicted.<sup>4</sup>

## PREVENTION PROGRAM EFFECTIVENESS

### A COST-BENEFIT ANALYSIS OF SUBSTANCE MISUSE PRIMARY PREVENTION PROGRAMMING IN IDAHO

Substance Use Prevention providers in Idaho have initiated favorable reductions in adolescent substance use over the past decade. The work of prevention providers in Idaho includes strengthening collaboration among community sectors by working at the grassroots level & utilizing environmental strategies to achieve population-level reductions in youth substance use. Based on the Strategic Prevention Framework model of change, prevention providers have proven to utilize funds effectively, producing a tremendous return on investment.

The work of prevention providers implementing comprehensive, multi-faceted strategies to affect youth substance use has been proven to be effective in utilizing public funds to reduce youth substance use. Sustainability, however, is integral to the success of maintaining these significant reductions. Prevention providers continue to face challenges in securing funding to help their community identify local solutions to address their unique substance use challenges.<sup>5</sup>

For every  
**\$1.00**  
invested in  
substance use  
prevention in Idaho  

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**\$20.63**  
of savings in public  
burden spending is  
realized.<sup>5</sup>

Since ODP began prevention efforts in 2012, our programming has reached an average of **25,000 Idaho youth and 300 parents and caregivers annually.**

1. Costs of Substance Abuse. 2020. National Institute on Drug Abuse.

2. Facts, Figures, and Trends Annual Reports. SFY2011-2022. Idaho Department of Health and Welfare.

3. Underage Drinking: A Major Public Health Challenge. 2003. National Institute on Alcohol Abuse and Alcoholism.

4. What You Need to Know About Marijuana Use in Teens. 2017. CDC.

5. Substance Abuse Block Grant (SABG) & Partnerships for Success Strategic Prevention Framework (PFS SPF) Grant Statewide Evaluation. 2021. Pacific Research Institute of Evaluation (PIRE), ODP.

\*Not including (1) Medicaid, (2) any substance misuse treatment that co-occurred with mental health disorder treatment.

# ODP STATEWIDE PROGRAMS & PARTNERSHIPS

## ➤ Idaho Healthy Youth Survey (IHYS)

The IHYS is administered in schools every two years to collect data from students about their alcohol, drug use, and other behaviors that may impact their health, safety, and success. The IHYS allows us to track alcohol, tobacco, vaping/e-cigarette, marijuana, and prescription medication misuse trends among Idaho 6th, 8th, 10th, & 12th graders.

## ➤ Substance Abuse Block Grant (SABG) Primary Prevention

Provides funding for substance misuse services for youth, families, and other at-risk individuals, and/or community coalitions to employ environmental strategies designed to reduce the impact of substance misuse at the community level.

## ➤ Partnerships for Success (PFS) Grant

Provides funding to build capacity and prevent underage drinking, marijuana use, and methamphetamine. Funds are sub-granted to public health departments and law enforcement agencies to implement local substance use prevention programs.

## ➤ COVID-19 Response & Relief Supplemental Appropriations Grant

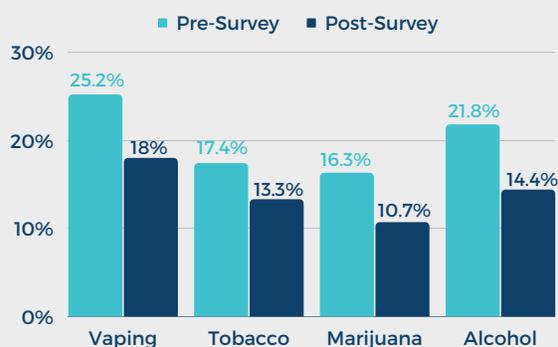
Provides funding to help eligible public and non-profit organizations prepare and respond to the Coronavirus pandemic. Grantees include schools, youth groups, mental health services, and other youth support organizations.

## ODP FY2021 PROGRAM OUTCOMES

- Youth participants have reported positive outcomes, including *improved refusal skills, increased bonding, reduction in favorable attitudes towards drug and alcohol use, and increased life skills.*
- Parents and caregivers have reported significant improvements in *communication skills, family management skills, & family cohesion.*<sup>5</sup>

To ensure that our funded programs are effective, ODP evaluates the effectiveness of each grantees and direct service programs as part of an annual evaluation of our statewide prevention programming.

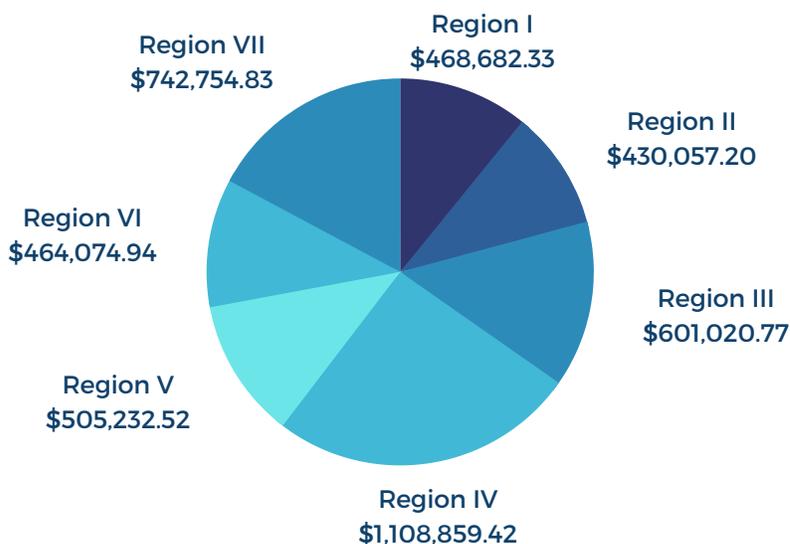
Past Month Substance Use of FY21 Program Participants<sup>5</sup>



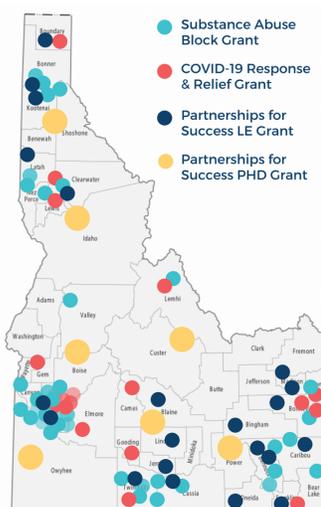
Statewide results for 4 grant funded evidence-based programs: LifeSkills, Project Towards No Drug Abuse, Project Towards No Drug Abuse+, and eCHUG.

## ODP FY2022 FUNDING ALLOCATIONS

### IDAHO BEHAVIORAL HEALTH REGIONS



FY22 Grantee Map



Idaho Behavioral Health Regions

